



South Okanagan Seniors Wellness Society

WELCOME TO TELE-TALKS !

Tele-Talks is a fun, safe way to connect with other seniors in our community without leaving your home. All you need is a telephone!

FAQ's

Q: What is Tele-Talks?

A: Tele-Talks is a FREE, interactive telephone-based program that connects seniors in all sorts of;

- Recreational topics
- Health & wellness talks
- Friendly conversations



Q: Do I have to talk?

A: No, you don't have to talk. You are welcome to just listen in, but the other participants will know you are there.

Q: Will the other participants know who I am?

A: No. You will just be a voice and a first name on the phone. Nobody will know what you look like, where you live, or your phone number.

Q: What if I want to chat more with another participant?

A: Great! We're glad you're making friends through the program! However, to protect people's privacy please contact the SWS who will help facilitate your request with the other participant.

Q: I want to join but I don't see any topics that interest me.

A: The SWS wants to hear from you and values your feedback! Please call our office to make suggestions for future topics.

How does it work?

1. Call or email us to register for your choice of session(s).
2. A few minutes before the session, you will receive an automated phone call from the Tele-Talk host.
3. Press "1" to join the call and ENJOY!
4. Sessions are approximately 30-45 minutes each.
5. Tele-Talks monthly program guide will be mailed to you with the Out & About program calendar.

How do I register?

Please contact us at:

Phone: 250-488-4034 OR

Email: Patricia.Tribe@OneSkyCommunity.com

If you reach our voicemail, please leave your name, phone number, and topics and dates you wish to attend.



Why join Tele-Talks?

Tele-Talks offers a great way for at home seniors to have fun, and stay connected. Whether it's raining outside, you don't feel your best, or you simply just want to stay in your housecoat and slippers! Why not join other seniors in a social setting and chat together!? You might even have a few laughs or learn something!

PICK UP YOUR PHONE AND JOIN US!



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Southern Interior BC, and kind
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South Okanagan
Seniors Wellness Society

February 2022

TELE-TALKS

PROGRAM

SCHEDULE



YOU BE THE JUDGE

Feb. 8th & 22nd

10:30-11:15am

Order in court!

Listen to accounts of real court cases with wacky twists! Let's put our heads together and settle all sorts of bizarre stories and implausible scenarios. Guilty or not? You be the judge!



BRAIN TEASERS



Feb. 1st & 15th

10:30-11:15am

Have fun teasing your brain and finding solutions!

Register Now!

250-488-4034

If you reach our voicemail, please leave your name, phone number, and topics and dates you wish to attend.

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