



South Okanagan
Seniors Wellness Society

Out & About Program Covid-19 Rules

Dr. Bonnie Henry, the BC Health Officer, has given us clear guidelines to reduce the spread of Covid-19.

The Seniors Wellness Society is committed to following our provincial health office rules and requests participants to wear an airway protective facemask, practice frequent hand sanitizing, not touching your face, and 6 foot social distancing.

Please be advised of the following rules:

- Participants are to maintain 6 feet apart from each other and others.
- When 6 feet apart cannot be maintained, an airway protective facemask must be worn. If you do not have a mask, we will provide one for you.
- Masks must always be worn while being indoors during our activities at any public place.
- Should you wish to ride our bus, masks are mandatory and hand sanitizing is required before boarding.
- Participants must be registered for any activity. No drop-ins.
- Once you are signed up for an activity, your space is reserved. If you can't make it to your activity, please let us know! Others may be wanting to attend.

IMPORTANT: Should you be experiencing any out of the ordinary; fever, cough, shortness of breath, reduced sense of smell, headaches/muscle aches, stuffy or runny nose, please cancel your attendance and promptly advise your health care professional.

We thank you for your understanding and support while restrictions are in place. We look forward to seeing you soon! Warmest regards from the Seniors Wellness Society
Out & About Program phone 250-487-7455 Ext. 3